Health at Work Network

Clare Leeds, Consultant OHP, MBChB, MFOM
Deputy Chair
Clare is a Consultant Occupational Health Physician for two NHS trusts in the North East: County Durham and Darlington NHS Foundation Trust (CDDFT) and South Tyneside and Sunderland NHS Foundation Trust (STSFT). She began her NHS career as a medical house officer in Bradford in 1999 and has since worked in NHS trusts and GP practices across the UK. Her introduction to occupational medicine in 2011 led her to undertake specialist training.

Clare took up her first consultant post in March 2020 and embraced the colossal challenges she faced as her team stepped up to respond to the COVID 19 pandemic. She has since continued to support the development of her team and the wider NHS occupational health workforce through her involvement in the North East Growing OH programme.
Clare is committed to reducing economic inactivity due to ill health. Through her engagement with the North East and North Cumbria ICB, she supports a multidisciplinary approach to addressing health-related issues that affect participation in work.
Alongside this work, Clare is a GMC-approved specialty trainer in occupational medicine and a clinical supervisor for doctors training in general practice.