

2026 Annual Conference

OH&WB: EMBRACING THE FUTURE



Thursday 10 September 2026

Chesford Grange Conference Centre,
Kenilworth, Warwickshire

Headline Sponsor:

OrchidLive.com



Dear Colleagues

It is my great pleasure to welcome you to the 2026 NHS Health at Work Network Annual Conference, **“Embracing the Future.”**

Whether you are joining us as a long-standing member of the Network or attending for the first time, I hope this conference provides an opportunity to step away from the demands of day-to-day service delivery, reconnect with colleagues from across the country, and take inspiration from the remarkable work taking place within occupational health and wellbeing services throughout the NHS.

The past year has once again demonstrated both the challenges and opportunities facing our profession. NHS organisations continue to operate within a complex and rapidly evolving environment, characterised by financial constraints, workforce pressures, technological innovation, changing patterns of work, and increasing expectations of what occupational health and wellbeing services can contribute to the health and sustainability of the NHS workforce. Throughout this period, occupational health teams have remained steadfast in their commitment to supporting staff, promoting health, preventing illness and enabling people to remain in, or return to, meaningful work.

This year’s conference theme, **“Embracing the Future,”** reflects our collective responsibility not only to respond to change but to actively shape it. As a profession, we have a unique opportunity to influence the future of workforce health by embracing innovation, harnessing emerging technologies, strengthening the evidence base for our practice, and ensuring that occupational health remains at the heart of workforce strategy across the NHS.

The future will undoubtedly bring new challenges. Advances in artificial intelligence, changing demographic patterns, evolving workforce expectations, climate-related impacts on health, and increasing recognition of the importance of mental wellbeing will all influence how we work and how we support the people who deliver healthcare. However, these developments also create opportunities for occupational health services to demonstrate leadership, adaptability and innovation.

The NHS Health at Work Network continues to champion the vital contribution of occupational health and wellbeing services, acting as the collective voice of our members and working with national stakeholders to influence policy, improve quality and develop the capability of the profession. We remain committed to ensuring that NHS staff have access to high-quality occupational health support that enables them to thrive throughout their working lives.

We have assembled an excellent programme of speakers who will share their expertise, challenge our thinking and offer practical insights into the future of occupational health and wellbeing. Alongside this, the NHS OHPRAS awards continue to showcase the extraordinary talent, creativity and dedication that exists within NHS occupational health teams. I am always inspired by the innovation and commitment demonstrated by those who take the time to share their achievements, and I would like to thank everyone who submitted an entry this year.

Over the course of the conference, I encourage you to engage fully, exchange ideas, celebrate successes, learn from one another and consider how we can collectively shape the future of occupational health and wellbeing within the NHS. The strength of our Network has always been its willingness to collaborate, share best practice and support one another, and I hope you leave feeling energised, inspired and optimistic about the opportunities that lie ahead.

Thank you for your continued commitment to improving the health, wellbeing and working lives of NHS staff.

I wish you an enjoyable and thought-provoking conference.

With best wishes.

Dr Charles Goss
Chair, NHS Health at Work Network

Thursday 10th September	
09.30 – 11.00	Registration and exhibition; refreshments
11.00	Dr. Charles Goss, Network Chair opens the conference
11.10	'The Role of AI in OH: Hype or Hope' Dr. Cameron Black, MSK Physiotherapist, Buckinghamshire Healthcare NHS Trust
11.50	'Supporting Staff with Cancer' Dr. Joanna Prentice, Consultant in Palliative Care Medicine, Ayrshire Hospice; University of Glasgow
12.30 – 13.30	Lunch and exhibition
13.30	Dr. Clare Leeds, Network Deputy Chair Elect opens the afternoon session
13.35	'Negligence in OH Practice - Law and Ethics' Dr. Chandrakant Mutalik, Consultant Occupational Health Physician, University Hospital Southampton NHS Foundation Trust
14.15	'NHS Practitioner Health - Making a Difference' Dr. Helen Garr, Medical Director, NHS Practitioner Health
15.00 – 15.30	Break; refreshments; exhibition; Orchid Live headline sponsor presentation (15 mins)
15.30 – 16.10	Nicola Bullen, Network Deputy Chair hosts the Panel Discussion: 'How will OH look in the future?' Louise Craig - Chief Executive Officer, Faculty of Occupational Medicine Dr. Aliasad Hashtroudi - Head of the National School for OH Professor Diana Kloss, MBE - Barrister Dr. Shriti Pattani, OBE - National Clinical Expert in Occupational Health and Wellbeing, NHS England
16.10 – 16.30	'National Audit of Implementation of UKAP Guidance: Results and Next Steps' Dr. Aliasad Hashtroudi, Deputy Chair, UKAP
16.30 - 16.50	'The Role of AI in OH: Hype or Hope' Dr. Cameron Black, MSK Physiotherapist, Buckinghamshire Healthcare NHS Trust
16.50 – 17.00	Chair's closing remarks and prize draw
17.00 – 18.00	Hotel check-in for overnight delegates; day-only delegates depart
18.00 – 19.30	Pre-dinner drinks and exhibition
19.30	Chair welcome
19.45 – 21.00	Conference Dinner
21.00 – 21.30	NHS OHPRAS awards event
21.30 onwards	Networking and entertainment

Friday 11th September	
07.00 – 10.30	Breakfast; overnight delegates depart

FOM CPD approval granted - 4.5 points

YOUR HOSTS

Dr. Charles Goss

Chair NHS Health at Work Network



Dr. Charles Goss is a Consultant Occupational Physician (MFOM) at University Hospitals of Leicester (UHL) and has been Head of Service since 2017. The UHL OH Service provides for over 40k healthcare workers and students, as well as non-NHS clients, and is a centre for training occupational medical and nursing staff. His interests include return to work after cancer, promoting work as a health outcome and expansion of the research/evidence base within occupational medicine. He is also interested in the transformation of OH services and integration with evidence-based workplace mental health and wellbeing initiatives. He became Chair of the NHS Health at Work Network in April 2025 and is passionate about improving access to high quality OH services for NHS staff.

Dr. Clare Leeds

Deputy-Chair Elect NHS Health at Work Network



Dr. Clare Leeds is a Consultant Occupational Health Physician and leads the occupational health team at County Durham and Darlington NHS Foundation Trust (CDDFT). Originally a GP, she transitioned into occupational medicine in 2012 while based in Aberdeen. Following specialty training, she joined CDDFT as its sole consultant from March 2020. Her experience spans a range of sectors, including agriculture, oil and gas, retail, manufacturing, local authority and the NHS. Since 2023, she has represented the North East for the NHS Health at Work Network. Clare also serves as Assistant Editor of the Occupational Medicine Journal, Clinical Lead for the North East Growing OH collaboration, and a clinical supervisor for postgraduate doctors in training. She champions multidisciplinary working and advocates for OH as a strategic partner within NHS organisations.

Nicola Bullen

Deputy-Chair NHS Health at Work Network



Nicola is an accomplished business and health professional who has been making an impact across the NHS since 2008. With a distinguished career spanning financial services, NHS Executive Search, Health Consultancy, and senior leadership roles, she currently serves as Associate Director of Occupational Health & Wellbeing Professionals, Nottingham University Hospitals NHS Trust.

Alongside her Trust responsibilities, Nicola has a national portfolio, holding multiple senior appointments that shape the future of occupational health and workforce health including as a Director at iOH, the Association of Occupational Health and Wellbeing. Also, she sits on the NHS Employers, Health and Safety Board, as well as being a board advisor for Brain in Hand.

Passionate about advancing workplace health and wellbeing, Nicola is recognised for driving innovation, influencing policy, and championing initiatives that keep NHS staff and wider workforces healthy, safe, and supported. Her breadth of expertise and commitment to collaboration make her a trusted leader and an invaluable contributor to the Occupational Health and the workforce health and wellbeing community.

He has published research on burnout, moral injury, artificial intelligence in OH and first contact practitioner competencies.

He has led a national evaluation for Health Education England, secured grants from Intersystems, and the Chartered Society of Physiotherapy, to update core competences for OH professionals. He is a member of the NHS Clinical Entrepreneur Programme.

Cameron is currently running pilots with large employers within the rail, haulage, and manufacturing settings, with a focus on early intervention, workforce health inequalities, accessibility, and scalable digital tools for OH.

Louise Craig



Louise is the Chief Executive of the Faculty of Occupational Medicine (FOM) and has extensive experience of working at a senior level in education, standard setting and

accreditation. She is the co-architect of the College of Work and Health, having coordinated the review of the training curriculum for resident doctors in occupational medicine, and worked collaboratively to provide qualifications for nurses, physiotherapists, occupational therapists and psychologists, and to review SEQOHS standards. She has championed Nottingham's voluntary and community sector, representing their interests in health and wellbeing, and held several advisory and trustee positions.

Her previous roles include CEO of the Institution of Fire Engineers where she chaired a UK cross-sector group of 70 organisations, and Head of Faculty within Further Education and Higher Education. With lived experience of disability in her immediate family, she is passionate about access for all to good employment and effective support and advice in the workplace.

YOUR PRESENTERS

Dr. Cameron Black



Dr. Cameron Black is an Occupational Health clinician, clinical academic and founder of an OH startup. Its focus is on creating a digital early intervention platform that helps employees stay in work before problems escalate into sickness absence. He has over a decade of frontline experience in the NHS and OH settings, including work with public and private safety critical industries and large employers.

Dr. Helen Garr



Dr. Helen Garr is the Medical Director of NHS Practitioner Health, an award-winning national service supporting healthcare professionals with mental health and addiction challenges.

A GP and recognised expert in mental health and well-being, Helen has dedicated her career to supporting individuals and organisations in fostering healthier, more resilient workplaces. She previously worked in student health as a GP at the University of Nottingham Health Service and continues to practise out-of-hours general medicine.

Helen's diverse background includes psychology and nursing before entering medicine, equipping her with a unique, holistic perspective on healthcare. She is a former Public Health England Clinical Champion for Physical Activity and a dedicated coach and mentor for healthcare professionals. She also serves as the Wellbeing Lead for Nottinghamshire LMC.

Passionate about suicide prevention and postvention, Helen has contributed to several national expert working groups in this field. She is a guest lecturer at the University of Nottingham and the founder and director of The Wellbeing GP which delivers expert training, keynote speaking, and interactive workshops on wellbeing, resilience, and health, empowering individuals and organisations to thrive.

Dr. Aliasad Hashtroudi



Dr. Aliasad Hashtroudi is the Clinical Director of Occupational Health, Safety and Wellbeing at Guy's and St Thomas' NHS Trust in London. He is the Head of the National School of

Occupational Health (Workforce Training and Education, NHS England) with responsibility for the quality assurance of training the next generation of OH practitioners. He is a Fellow of the Faculty of Occupational Medicine (FFOM), an Honorary Senior Lecturer at King's College London and University of Manchester and a member of the FOM Ethics Committee. He is the chair of Higher Education Occupational Practitioners (HEOPS) and is the OH expert in various national bodies including UKAP and IMEG. He has extensive experience in different sectors with the main focus on healthcare, emergency services and higher education.

Professor Diana Kloss, MBE



Professor Diana Kloss is a practising barrister and retired fee paid employment tribunal judge. She was the first Chair of the Council for Work and Health and is now its Honorary

President. She has held a number of academic appointments, is now Honorary Senior Lecturer at Manchester University, is the author of Occupational Health Law, currently in its 6th edition, and is beginning the preparation of the 7th. She writes a regular Expert Witness column in Occupational Health at Work.

Diana is Honorary FFOM and a member of the Faculty Ethics Committee which has recently revised the Ethics Guidance. She was awarded an MBE in 2009 for services to occupational health.

Dr. Chandrakant Mutalik



Dr. Chandrakant Mutalik is a Consultant Occupational Physician (FFOM) at University Hospital Southampton NHS Foundation Trust. Chandrakant (Chandra) has worked in diverse

OH settings over the last 25 years, including the British Army, NHS, police constabulary, manufacturing industries, and commercial service providers. He is a member of the Faculty's Ethics Committee and a co-author of the 9th edition of the FOM Ethics Guidance. He is also an educational and clinical supervisor and a regional speciality advisor for the Wessex region. Having completed an LLM in Medical Law, he is now transitioning to a career at the Bar (barrister). His areas of interest include professional and clinical negligence, coroner's inquests, health and safety regulations and aspects of employment law.

Dr. Shriti Pattani, OBE



Dr. Shriti Pattani is a nationally recognised leader in OH and workforce wellbeing, working at the intersection of health, work and economic participation. With over 30 years' experience, she brings a rare combination of frontline insight and national influence.

As National Clinical Expert in Occupational Health and Wellbeing at NHS England, Shriti is helping to shape how the NHS responds to one of its most pressing challenges – rising economic inactivity driven by long-term health conditions. Her work focuses on embedding work as a meaningful health outcome within clinical pathways, ensuring people are supported to remain in or return to good work as part of recovery and rehabilitation.

She has held senior leadership roles across primary care, secondary care and OH services, and is Past President of the Society of Occupational Medicine. Shriti advises national and international organisations on workforce wellbeing, system transformation and improving access to OH, particularly for underserved groups and those outside traditional employer-based provision.

Shriti was awarded an OBE in 2024 for services to occupational medicine. She was elected to the Board of the Council for Work and Health in May 2026.

Dr. Joanna Prentice



Dr. Joanna Prentice is a consultant in Palliative Medicine and symptom control across Ayrshire and Arran. She undertook her undergraduate degree in Biochemistry at the University of Bath whilst her year in industry at the Institute of Neurology piqued her interest in medicine. She graduated from the University of Warwick in 2010 with honours. Jo trained in West London and undertook specialty training in the West of Scotland. She is on the specialist register and became a consultant in 2018.

She has a keen interest in education and is a Senior clinical lecturer in Palliative Care at the University of Glasgow running a master's program having undertaken postgraduate education training at the University of St. George's, London. Jo has an interest in renal supportive care having published on this and other topics including malignant ureteric obstruction and palliative care education.

Jo worked as a consultant at The Beatson West of Scotland Cancer Centre, the Queen Elizabeth University Hospital, Glasgow before her appointment at the Ayrshire Hospice in January 2021. Jo has been predominantly based in the acute hospitals in Ayrshire before taking up the lead consultant role in January 2025.

OUR SUPPORTERS



Civica

Civica Occupational Health (formerly OPAS) gives NHS organisations a complete solution for referrals, pre-placement questionnaires, health surveillance and vaccinations. Integration with Trac, our recruitment management software used by over 90% of NHS Trusts, streamlines health checks and recruitment processes.

www.civica.com/en-gb



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Clear Links is a specialist provider of personalised workplace support, helping disabled and neurodivergent employees thrive at work. Through tailored one-to-one coaching, mentoring and employer training, we improve confidence, wellbeing, productivity, and performance. Our services help organisations attract and retain talent while creating inclusive, supportive workplace environments.

www.clear-links.co.uk



Diatec Diagnostics

Diatec Diagnostics supports NHS occupational health teams with dependable audiology, spirometry and vision screening solutions. We provide high-quality equipment, calibration, and repair services across leading brands, helping clinicians deliver accurate assessments, maintain compliance, and keep workplace hearing programmes running smoothly, efficiently, and with confidence every day across diverse healthcare settings.

www.diatec-diagnostics.co.uk



Drs Direct

Drs Direct specialise in the recruitment of Occupational Health professional across the UK – professionals are supplied on a contract, fixed term or permanent basis to all manner of public and private sector companies. Clients will work with our vastly experienced team to ensure all areas that need to be covered are included, while candidates are encouraged to speak freely about their likes, dislikes and what they want from their potential future employers.

www.drtdirect.co.uk



EQL

EQL delivers Phio, an NHS-ready digital musculoskeletal platform that enables rapid clinical triage, supported self-management, and pathway optimisation. Helping Occupational Health services reduce pressure on clinical teams, improve workforce wellbeing, and provide employees with fast, evidence-based access to MSK support, Phio releases capacity while improving access, outcomes, and experience.

www.eql.ai



EOPH

EOPH is a social enterprise committed to advancing occupational health practice through high-quality, evidence-based training. We provide CPD-accredited courses, expert-led learning, and practical professional development for Occupational Health practitioners, helping them build confidence, enhance skills, and deliver effective workplace health and wellbeing support that makes a positive difference.

www.eoph.co.uk



Greys Specialist Recruitment

Greys Specialist Recruitment is the UK's leading specialist Occupational Health Recruiter. We concentrate on recruiting Occupational Health Technicians, Nurses, Advisors, Senior Advisors, Managers, Physiotherapists, Occupational Therapists and OH Physicians on a Permanent, Contract, Temporary, Ad-Hoc and Sessional basis. We recruit in both private and public sectors (on the NHS Framework). Greys currently works with numerous NHS Trusts across the UK working with them to find the best possible person for their open vacancy.

www.greyssr.co.uk

Health at Work Network



GTS-MedOH

GTS-MedOH delivers specialist occupational health training, medical equipment and pharmaceuticals to organisations across the UK. Our practising expert trainers, trusted products and responsive support help occupational health professionals achieve the highest standards of workplace health. We build lasting partnerships through integrity, expertise and a commitment to providing genuine choice and exceptional customer service.

www.gtsmedoh.com



Hapstar

Hapstar is an award-winning wellbeing platform that securely connects people with their occupational health teams, including via its Freedom to Speak Up pathway. With The Ambulance Service Charity and NHS Charities Together, it's built the first digital pathway to monitor and support staff through traumatic or vicarious trauma, predicting risk and aggregating insights, alongside self-help tools.

www.hapstar.app



Hugh Symons

Hugh Symons scans occupational health records for NHS Trusts, delivering data into customer systems such as OPAS/G2, Cohort/Cority, SharePoint, or for storage on networks. Scanning offers benefits including space savings, improved data security and GDPR compliance, supporting sustainability, and providing enhanced access to information.

www.hsim.co.uk



Kinseed

Kinseed's MediWork platform helps occupational health teams to identify risks early, manage protection, service referrals, monitor outcomes and generate workforce intelligence. Built on Kinseed's trusted and robust foundation, MediWork revolutionises the way Occupational Health teams work, of all shapes and sizes.

www.kinseed.com

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www.meddbase.com



Menopause Friendly

Menopause Friendly by Henpicked is a leading workplace menopause specialist. We provide CPD-accredited training for Occupational Health professionals, workplace training, membership and the world's only independent accreditation, helping employers build practical, sustainable menopause support that creates lasting cultural change.

www.menopausefriendly.co.uk



OH Medical

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www.ohmedical.co.uk

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OH-Partners

OH-partners specialise in raising standards within health surveillance by providing best in class EMR compatible equipment, support solutions, consumables and accredited OH training courses. We have helped many NHS organisations in minimising test and admin tasks and maximising test outcomes. We make a real and measurable difference for our NHS clients

www.oh-partners.co.uk



Peak Health Coaching

At Peak Health Coaching, we believe most wellbeing interventions start too late. Health Coaching offers a personalised, proactive and preventative approach, encouraging people to take ownership of their health and move toward outcomes that matter. Our accredited training suits anyone keen to support their colleagues' wellbeing and build lasting, positive change.

www.peakhealthcoaching.com



PhysioMed

Currently working with 20% of the NHS Trusts across the UK, our award-winning service provides a cost-effective route to staff Occupational Physiotherapy treatment. Our blended, remote and face-to-face service provides saving of up to 30% against full face-to-face service and our free proactive material focuses on prevention rather than cure.

www.physiomed.co.uk



SEQOHS

Safe Effective Quality Occupational Health Service (SEQOHS) is the recognised accreditation mark for NHS Trusts and the private sector – from single-handed providers to large multinationals.

Services registered with SEQOHS are provided with guidance, templates, free training, and support to help them to meet the standards.

www.seqohs.org
www.fom.ac.uk

Health at Work Network



SOM

SOM Membership is for anyone working in and with an interest in OH. Members are part of a multidisciplinary community with access to the information, expertise and learning for keeping at the forefront of their role. Members benefit from career development opportunities alongside practical, day-to-day support and guidance, and local and national networks that are open to all. Through its collective voice, SOM advances knowledge, increases awareness and seeks to positively influence the future of OH.

www.som.org.uk



Tandem Health

Tandem Health provides an AI medical assistant designed for NHS occupational health teams. Embedded into existing workflows, it helps clinicians document consultations, make informed decisions and complete follow-up actions in real time. Used by 5,000+ healthcare organisations across 10+ markets, Tandem integrates with 130+ EHR systems and meets leading European security and clinical safety standards.

www.tandemhealth.ai



VaccinationTrack

VaccinationTrack is the only system specifically designed for NHS staff flu campaigns, supporting the delivery of over 1m vaccinations to date.

All trusts significantly reduce their admin time and costs, vaccinate staff quicker and crucially increase vaccination uptake. In fact, 5 out of the 10 top performing trusts for flu uptake use VaccinationTrack.

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Orchid Live is a specialist occupational health software platform with 100+ UK clients and holding over 1.5 million patient records.

Our software is simple and intuitive to use, covering the whole range of clinical activities undertaken by NHS occupational health teams such as management referrals, contact tracing, needlestick assessments and pre-employment assessments. Orchid has diary functionality, integrates with HR systems and can be customised for your specific needs. We are experienced in migrating large amounts of clinical data from Cority, Meddbase and Civica software systems.

We are a flexible and friendly team, prioritising top-quality training and responsive customer service.

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Our 2027 Recognition Awards will open again in April 2027.
To register your interest in being notified when they open please contact:
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