

LIVE

VIRTUAL EVENT



ANNUAL CONFERENCE

WEDNESDAY 10 MARCH 2021



DEAR COLLEAGUE

AT LAST! Welcome to our NHS Health at Work Network Conference!

This event may look a little different to previous years, but what matters is that we are able to get together again, safely and securely. Thank you, everyone, for holding out for us all this time. It's much appreciated.

Who could have predicted 2020? Some of us have lost colleagues, friends or family to Covid-19 and work life has been particularly challenging. However, the pandemic has also shone a light on the importance of NHS Occupational Health services and a better understanding of our role. At a national level OH is being recognised as a speciality in its own right, worthy of investment. This, alongside the amazing Covid-19 vaccine effort, makes me feel very hopeful and excited as the country starts to get back on its feet once again.

We're excited today to bring you a brilliant range of presenters delivering thought-provoking presentations, reflecting on the recent past, but focused on a bright future. I hope you enjoy the conversation, and also make your own voice heard using the interactive features of this, our first-ever virtual conference.

Shriti Pattani, Chair, NHS Health at Work Network



THE AGENDA

MORNING SESSIONS

09:15 WELCOME **Dr. Shriti Pattani**, Chair, NHS Health at Work Network

09:20 OCCUPATIONAL HEALTH – WHERE NOW? **Professor Dame Carol Black**, Adviser to NHSI and PHE on Health and Work

10:10 BREAK

10:25 START WELL, END WELL: WEAVING WELLBEING AND PSYCHOLOGICAL SAFETY INTO ROUTINE TEAM PROCESSES **Dr. Olivia Donnelly**, Consultant Clinical Psychologist, North Bristol NHS Trust

11:10 BREAK

COVID-19: 12 MONTHS ON

11:25 A PERSONAL PERSPECTIVE **Professor Erika Denton**, Medical Director & Honorary Professor of Radiology, Norfolk and Norwich University Hospitals NHS Foundation Trust

11:50 REFLECTIONS: A NEW 'NORMAL' FOR OCCUPATIONAL HEALTH? **Giles Wright**, Associate Director of Workforce Health and Wellbeing, Cambridge University Hospitals NHS Foundation Trust and Deputy Chair, NHS Health at Work Network

12:10 HEALTH AND WELLBEING: A PREVENTATIVE APPROACH **Professor Em Wilkinson-Brice**, Deputy Chief People Officer, NHSEI

FOLLOWED BY PANEL Q&A

12.50 NHS ENGLAND AND NHS IMPROVEMENT: EVOLUTION OF THE NHS HEALTH AND WELLBEING FRAMEWORK – ENGAGEMENT SESSION hosted by NHSEI team members **Alexandra Hayes** and **Victoria Small** with **Matilda Malmgren** and **John Tourle** on behalf of Capita Consultants

13.20 LUNCH BREAK

AFTERNOON SESSIONS

14.00 WELCOME BACK **Giles Wright**, Deputy Chair, NHS Health at Work Network

CASE STUDIES: OCCUPATIONAL HEALTH IN PRACTICE

14:05 GOOD, BETTER, BEST: HOW BEDFORDSHIRE HOSPITALS NHS FOUNDATION TRUST ENGAGE WITH THEIR STAFF **Jennie Jones**, Head of Staff Engagement/Health and Wellbeing, Bedfordshire Hospital NHS Foundation Trust and **Victoria Parsons**, Associate Director of Corporate Governance

14:40 BENEFITS REALISATION OF COLLABORATIVE OH WORKING IN THE NORTH WEST **Diane Haddock**, Assistant Director of People (Wellbeing and Equality) at Liverpool University Hospital and **Linda Lewis**, Assistant Director of Health and Wellbeing at Southport and Ormskirk NHS Trust

15:15 BREAK

15:30 OCCUPATIONAL HEALTH IN THE NHS **Dr. Anne de Bono**, Consultant in Occupational Medicine; President of the Faculty of Occupational Medicine

16:15 CLOSING REMARKS **Hilary Winch**, Chair Elect, NHS Health at Work Network

16:20 EVENT CLOSE

Approved for 4.5 points by the Faculty of Occupational Medicine (FOM)



MEET YOUR PRESENTERS



PROFESSOR DAME CAROL BLACK 09:20

Dame Carol is currently Chair of the British Library, the Centre for Ageing Better, and Think Ahead, the Government's fast-stream training programme for Mental Health Social Workers. She chairs NHS Improvement's Advisory Board on Employee Health and Wellbeing and is Adviser to NHSI and PHE on Health and Work. She is also a member of RAND Europe's Council of Advisers, and of the Board of UKActive. Since 2008, Dame Carol has completed three independent reviews for the UK Government and in 2019 the Home Secretary announced that Dame Carol would lead an independent review on illicit drugs, demand, supply and treatment.



DR. ANNE DE BONO 15:30

Anne is President of the Faculty of Occupational Medicine of the Royal College of Physicians, a previous Chair of the NHS Health at Work Network and an NHS consultant. She held GP partnerships in Oxford and Edinburgh before flexible training for a second career in Occupational Medicine in the East Midlands, working with NHS, public sector and commercial industries. Anne champions strong links between OH, Primary Care and hospital based specialties. As President of FOM she has encouraged wider interest in the relationship between health and work and is an advocate for the concept of return to work as an accepted outcome of good clinical care.



PROFESSOR ERIKA DENTON 11:25

Erika is a consultant radiologist and Medical Director in Norwich and publishes and speaks widely on health care policy related to diagnostics. She was an adviser to NHS Improvement from 2016 to 2020, during which time she convened and chaired the National Imaging Optimisation and Productivity Delivery Board. Erika was the National Clinical Director for Diagnostics at NHS England with responsibility for clinical leadership, advice and guidance across the NHS and covering all diagnostic services from 2013-2016, before which she held posts at Imaging at DH, leading a complex programme of work across all aspects of imaging.



DR. OLIVIA DONNELLY 10:25

Olivia is a Consultant Clinical Psychologist at North Bristol NHS Trust, where she leads the Staff Wellbeing Psychology Team. She has a particular interest in practical, values-based approaches to promoting wellbeing, psychological safety, and compassionate care within teams and across healthcare organisations, based on the foundation that 'resilience is between us, not just within us'. The Staff Wellbeing team at NBT won the Wellbeing at Work award at the NHS Parliamentary Awards in 2019.



DIANE HADDOCK 14:40

Following qualification as a Registered Nurse in 1993, Diane commenced her OH career in early 1994 and has remained in Occupational Health to date. Her OH employment includes over two years working within NHS OH and more than 14 years working within OH as part of the Private sector, including roles within Retail, MOD, nuclear fuels and travel medicine. For the past five years Diane has been Assistant Director of People (Wellbeing and Equality) at Liverpool University Hospitals NHS Foundation Trust, providing an in house OH service to over 13,000 employees as well as to other NHS services and SMEs.



ALEXANDRA HAYES 12:50

Following six years serving as a British Army Officer, Alex joined the NHS eight years ago, via the NHS Graduate Management Scheme. She began working in operational management at an acute trust managing surgical services, before moving into primary care, where she managed a West London practice for five years and helped to develop the local Primary Care Network (PCN). Passionate about the health and wellbeing of NHS staff, Alex currently leads the Enhanced Occupational Health and Wellbeing Pilot programme and the evolution of the National Health and Wellbeing Framework.



MEET YOUR PRESENTERS



JENNIE JONES 14:05

Jennie has worked in the field of Occupational Health within the Luton and Dunstable Hospital for 36 years, where she is now the Head of staff engagement/health and well-being. Since 2015 Jennie has been a member of a team set up to organise the delivery of the Trust's two large Staff Engagement events that are held each year.



LINDA LEWIS 14:40

Following qualification as a Registered Nurse in 1984, Linda specialised in Respiratory Medicine – moving into OH in 1992. Her employment has included 10 years working with local authorities, eight years working in the Private sector, involving roles with Unilever and Premier Foods, and 11 years in the NHS. For the past seven years Linda has worked for Southport and Ormskirk NHS Trust providing an in house OH service to over 3,200 employees. The service also supports SMEs in the Southport and Ormskirk areas.



MATILDA MALMGREN 12:50

Matilda is a Transformation Architect in Capita Consulting with a strong track record delivering strategic development, digital transformation, cost reduction and operating model projects across sectors. She has been supporting the NHS since February, helping to evolve the Health and Wellbeing Framework since February. Prior to the NHS, Matilda worked with a London council to shape its commercialisation and digitalisation agenda.



VICTORIA PARSONS 14:05

Victoria began her NHS career in the Clinical Audit and has worked across the community, mental health, national and acute settings in various governance roles. She has been at the Luton & Dunstable University Hospital NHS Foundation Trust since 2004 and oversaw the acquisition of Bedford Hospital NHS Trust by L&D in April 2020 to become Bedfordshire Hospitals NHS Foundation Trust.



VICTORIA SMALL 12:50

Victoria joined an NHS local Trust in 2001, later moving to a Primary Care Trust to deliver a Green Gym and Buggyfit project. She went on to join the Department of Health Yorkshire and Humber regional Public Health team, where she launched the national Change 4 Life programme. Victoria spent the last eight years as Social Partnership Forum Manager, bringing together NHS Employers, trade unions, NHSEI, HEE and the DHSC to discuss, debate and involve partners in the development and implementation of the workforce implication of policy. In January 2021, she took on the role of Health and Wellbeing Manager.



JOHN TOURLE 12:50

John is an HR and People Transformation consultant at Capita Consulting. His background is in organisational development and change management and he has spent the last few years focusing on embedding wellbeing approaches across the full spectrum of HR interventions. John holds Chartered Membership with the CIPD and is in the final stages of an Osteopathy degree. He is currently working with the NHS England and Improvement team to evolve the National Health and Wellbeing Framework.



MEET YOUR PRESENTERS



PROFESSOR EM WILKINSON-BRICE 12:10

Em qualified as a nurse in 1992 in Exeter and went on to specialise in cardiology and high dependency care. A firm interest in facilities management saw her take the post of Director of Nursing and Facilities at Derby Hospitals NHS Foundation Trust, before returning to Exeter where she has undertaken numerous executive roles at the Royal Devon & Exeter NHS Trust, including Chief Nurse and Chief Operating Officer. Em was later appointed Associate Professor Faculty of Health and Human Sciences at both Exeter and Plymouth Universities. She believes a treasured workforce creates a culture of patient care at the highest standard.



HILARY WINCH 16:15

Hilary is currently the Head of Workplace Health, Safety & Wellbeing at the Norfolk and Norwich University Hospitals NHS Foundation Trust. She qualified as a nurse in 1991 and worked in a variety of roles, eventually settling in the field of Occupational Health in 1998. She commenced her work at the Norfolk and Norwich University Hospital in 2000 and has been part of the SEQOHS assessor team since the start of the accreditation scheme in 2010. She has project managed MoHaWK, the national OH benchmarking and local audit tool since 2013 with Syngentis and more recently the Faculty of Occupational Medicine. Hilary is currently Chair Elect for the NHS Health at Work Network and takes on the role of Chair in April 2021.

YOUR HOSTS



SHRITI PATTANI MORNING SESSIONS

Shriti is an accredited specialist in Occupational Health with 25 years of experience, holding the FFOM since 2002. She has led Occupational Health Services as a Clinical Director in the NHS for 20 years and has experience working in both public and private sectors. She also continues to practice as a General Practitioner having attained her MRCGP qualification in 1996, and with an interest in workplace mental health, she completed a Postgraduate Certificate in Cognitive Behavioural Therapy for Occupational Health Practitioners and Workplace Mediation. A respected author and winner of the Faculty of Occupational Medicine's 'Peter Taylor Award' for her research into 'Ill-Health Retirement', Shriti is the Chair of the NHS Health at Work Network.



GILES WRIGHT AFTERNOON SESSIONS AND PRESENTING 11:50

Giles is the Lead for Workforce Health at Cambridge University Hospitals and Advisor to NHSE/I on Workforce Health and Wellbeing, having previously worked as Head of Service for CUH Occupational Health (which remains in his portfolio). Since Giles joined CUH OH the service has grown to have an annual turnover of approximately £1m and a large multi-disciplinary team. Giles also leads the Cambridgeshire and Peterborough STP Health and Wellbeing Strategy Group, part of the local People Board. Most recently, he has also been programme director for the Covid Vaccination Hub at CUH. Giles is deeply interested in population health, public health and relationship between work and health.



**THANK YOU
FOR JOINING**



Health at Work Network

NEXT EVENT
14 & 15 SEPTEMBER 2021

WE LOOK FORWARD TO SEEING YOU AT OUR NEXT CONFERENCE IN SEPTEMBER.
FOR MORE INFORMATION, SUBSCRIBE TO OUR MONTHLY BULLETIN AT
WWW.NHSHEALTHATWORK.CO.UK