Workplace Health for the UK
The NHS is now able to offer competitively priced, quality occupational health services to all UK businesses – even those based in multiple locations across the country. NHS Health at Work provides workplace health for UK employers through a SEQOHS accredited network of NHS providers.

This new service will provide a real opportunity for businesses across the country to source their future occupational health needs from well qualified, experienced and trusted teams of NHS occupational health experts.

Research shows that the longer people are off sick the harder it is to get back to work. After only six weeks’ sickness absence, a person’s ability to return to work falls away rapidly. Almost one in five people who reach this point will stay off work sick and eventually lose paid employment.

**Quality occupational health services from the NHS**

With occupational health centres across the country, our NHS staff have experience of working with all types of employers from the full range of industries. Our occupational health teams will help keep your staff well and support them to get back to work quickly if they do become ill. We can save your business money, increase productivity and improve the health and wellbeing of your staff.

**Health and work – the business case**

Employing NHS workplace health services can help reduce sickness absence levels and improve staff morale. Your staff will feel supported by NHS professionals that they know they can trust.

Evidence suggests that occupational health services are the most effective means of helping people with health problems back to work. A study commissioned by the Department for Work and Pensions and undertaken by Price Waterhouse Coopers found that the return on investment from occupational health services and wellness programmes was a minimum return of £2.50 for every £1 spent and in many cases the returns were much higher.

**How we can help**

NHS Health at Work offers the full range of occupational health services. We can provide a bespoke service that meets the specific needs of your business. Examples of the types of services we can deliver for your business include:

**Absence management**

Our team can work with you to assess and provide impartial and professional advice on any absenteeism and support your employees to get back to work as quickly as possible. Our absence management strategies focus on early interventions and will help your business to:

- Reduce levels of absence
- Cut the cost of absence to your organisation
- Drive up productivity and decrease disruption as a result of employees being absent
- Create greater engagement and motivation of employees as they feel more valued
- Enable employees to return to work sooner

Employees trust NHS staff and are more receptive to being treated by local NHS doctors, nurses and other healthcare professionals.

**Rehabilitation**

Approximately 70% of all sickness absence is due to psychological ill health or musculoskeletal disorders.

Our NHS teams have access to a team of highly qualified doctors, nurses, physiotherapists and mental health practitioners. We can provide early advice and guide employees to treatment and support so that your employee can return to work quickly. We can also work with partners so your employees have fast access to specialists such as physiotherapists or mental health practitioners.

**Risk assessments**

By undertaking a thorough, professional occupational health risk assessment we can advise you on actions needed to prevent occupational illness. Our assessment will:

- Identify any hazards and any employees who may be affected
- Evaluate the risk
- Identify and prioritise appropriate interventions and controls

**Health surveillance and prevention**

Ongoing checks can prevent health problems occurring and ensure that your employees are safe and able to work in their current or future role.

We can deliver a cost effective health surveillance programme for your business and ensure that we only test those who may be at risk. Employees who are exposed to noise or vibration, ionising radiation, solvents, fumes, dusts, biological agents and other substances hazardous to health may be required to be checked by law.

Examples of the types of health surveillance we can provide include:

- Hearing testing
- Vision testing
- Hand and arm vibration
- Lung function testing
- Driver medical exam (e.g. HGV, counterbalance and others)

**Workplace immunisations**

Whether you employ healthcare workers, ground keepers, plumbers, security workers or waste handlers or have staff exposed to other risks, we can identify which vaccinations are appropriate and provide you with expert advice and guidance so that you comply with the most up to date legislation.

Having an effective vaccination and recall system gives confidence to workers that are exposed to vaccine preventable diseases that protection is being provided and also provides reassurance for management should you be inspected by HSE or local authority inspectors.

Because we have NHS occupational health providers across the UK we can provide vaccinations wherever your staff are based.

**Health promotion and wellbeing**

We can support you to create a positive and healthy working environment and promote healthy behaviours amongst your staff. This can include services that:

- Improve mental wellbeing
- Change behaviour – smoking, alcohol and substance misuse
- Increase physical activity
- Promote healthy eating
- Link to training opportunities

**How we deliver**

Every business is different. The NHS can provide a service that meets the needs of your organisation, is trusted by your staff and fits with your budget.

NHS Health at Work has partnered with Syngentis, a not for profit community interest company, to co-ordinate delivery.
Find out more

Medium and small companies based in one location

Your local NHS provider will be able to help. Please visit www.nhshealthatwork.co.uk/find-providers.asp to find your nearest local NHS occupational health provider or email admin@nhshealthatwork.co.uk.

Larger companies based in multiple locations

Our network of providers can provide quality support across the UK.

For a further discussion please email andrew.gilbey@syngentis.co.uk